



BARBECUED HAMBURGERS

- 3 Tablespoons Shortening
- 3 Pounds Ground Beef
- 3 Onions, Finely Chopped
- 1 Clove Garlic, Minced
- 1 Tablespoon Salt
- 1 1/2 Teaspoons Black Pepper
- 1/2 Teaspoon Red Pepper
- 2 Teaspoon Chili Powder
- 2 Teaspoons Worcestershire Sauce
- 1/4 Cup Flour
- 1 1/4 Cups Canned Tomatoes
- 3/4 Cup Ketchup

DIRECTIONS

- 1. Melt shortening in a heavy skillet.
- 2. Combine ground beef, onions and garlic.
- 3. Cook until lightly browned.
- 4. Add seasonings and flour.
- 5. Add tomatoes and ketchup, mixing well
- 6. Simmer 15 to 20 minutes.
- 7. Spoon between split buns to serve.