



SIMPLE CHILI AND BEANS

- 1 1/2 Pounds Hamburger
- 1/2 Cup Chopped Onions
- 1 Teaspoon Salt
- 16 Ounces Kidney Beans
- 1 1/2 Quarts Tomato Juice
- 1 Tablespoon Beef Extract
- 1 Tablespoon Chili Powder
- 1/4 Teaspoon Pepper
- 1/2 Ounce Baking Chocolate

DIRECTIONS

1. Sauté hamburger, onions and salt until browned.
2. Add remaining ingredients.
3. Cover and simmer for 1 1/2 hours.
4. Stir occasionally.