



HERB DIP

- 3/4 Cup Cottage Cheese
- 1/2 Cup Mayonnaise
- 1/4 Cup Sour Cream
- 2 Tablespoons Chopped Parsley
- 1 Tablespoon Chopped Chives
- 1 Tablespoons Grated Onion
- 1 Clove Garlic, Crushed
- 1 Teaspoon Worcestershire sauce
- 1/2 Teaspoon Salt
- Dash Hot Pepper Sauce

DIRECTIONS

- 1. In a small bowl combine all ingredients.
- 2. Blend in a food processor until smooth if desired.
- 3. Chill until ready to use.