



## CHILI CON CARNE

- 2 Tablespoons Shortening
- 1/2 Cup Chopped Onion
- 2 Cloves Garlic, Minced
- 1 Pound Ground Beef
- 1 Tablespoon Chili Powder
- 1/2 Teaspoon Salt
- 1/4 Teaspoon Cayenne Pepper
- 1/8 Teaspoon Black Pepper
- 21 Ounces Condensed Tomato Soup
- 1 Can Red Kidney Beans

## DIRECTIONS

1. Melt shortening in skillet and add onion, garlic, and beef.
2. Brown slightly.
3. Add seasonings, soup and kidney beans.
4. Bring to a boil.
5. Cover and simmer for 30 minutes.
6. Stir occasionally to prevent sticking.
7. Serve hot.