



JAMBALAYA WITH MEAT

- 3 Cups Cooked rice
- 2 Sliced Bacon, Diced
- $\frac{3}{4}$ Cup Diced Onions
- 1 Tablespoon Flour
- 1 Cup Tomato Puree
- $\frac{1}{3}$ Cup Water
- 2 Cups Diced Ham, Chicken, Sausage, Shrimp
- $\frac{1}{4}$ Teaspoon Thyme
- Dash Worcestershire Sauce
- Chopped Parsley

DIRECTIONS

1. Sauté bacon in a saucepan lightly.
2. Add onions and cook until softened.
3. Stir in flour, cook for 1 minute.
4. Add tomato puree and water.
5. Bring to a boil.
6. Stir in rice and cooked meats.
7. Add thyme, Worcestershire sauce and salt and pepper to taste.
8. Stir over low heat for 10 minutes.
9. Serve sprinkled with chopped parsley.