



www.amandasatomic.com

CHICKEN HAWAIIAN

- 1 Fresh Pineapple
- 1 Fresh Young Chicken
- 1/3 Cup Flour
- 1/4 Pound Butter
- 1 Teaspoon Salt
- 1/2 Teaspoon Pepper
- 1/2 Cup Shredded Coconut
- Pinch Dry Mustard
- 1 Tablespoon Grated Fresh Ginger
- 1 Ounce Soy Sauce
- 1 Cup Chicken Broth
- 1/2 Cup Rice

DIRECTIONS

- 1. Cut pineapple in half, dig out the fruit leaving the shell intact. Reserve both.
- 2. Cut chicken into four parts.
- 3. Coat the chicken with flour seasoned with salt and pepper.
- 4. Fry in butter.
- 5. Drain and place in a greased casserole.
- 6. Grate the pineapple pulp over the chicken.
- 7. Sprinkle with coconut and dry mustard.
- 8. Add fresh ginger, soy sauce and salt to taste.
- 9. Pour the chicken broth over all.
- 10. Bake in a 350 degree oven for 20 to 25 minutes.
- 11. While chicken is baking, prepare the rice.
- 12. Boil in 1 cup salted water until tender.
- 13. When chicken is done, line the pineapple halves with steamed rice.
- 14. Arrange chicken and sauce over the top.