



## **BARLEY SOUP**

- 1/2 Cup Barley
- 1 Teaspoon Salt
- 1 Quart Boiling Water
- 2 Quarts Soup Stock
- 1/2 Cup Diced Celery
- 1/2 Cup Diced Onion
- 1/2 Cup Diced Carrot
- 1 Bell Pepper, Diced

## DIRECTIONS

- 1. Wash barley in cold water and then cook in salted boiling water until tender, about 2 hours.
- 2. Add stock when water has evaporated.
- 3. Add vegetables 30 minutes before the soup is done.