



## **BEEF POT PIE**

3	Tablespoons Shortening	4	Carrots, Sliced
2	Pounds Stew Meat, Cubed	4	Medium Potatoes, Diced
2	Large Onions, Sliced	1	Teaspoon Salt
2	Teaspoons Salt	1/4	Cup Flour
1/4	Teaspoon Pepper	1/4	Cup Cold Water
1	Teaspoon Worcestershire Sauce	1	Cup Sifted Flour
1/4	Teaspoon Basil	1/2	Teaspoon Salt
1/4	Teaspoon Thyme	1/3	Cup Shortening
3	Cups Beef Bouillon	3	Tablespoons Cold Water
1	Can Diced Tomatoes		•

## **DIRECTIONS**

- 1. Heat the three tablespoons shortening in a large heavy skillet.
- 2. Add the beef and onions.
- 3. Brown quickly on all sides.
- 4. Add the two tablespoons salt, pepper, Worcestershire, basil, thyme, and bouillon.
- 5. Cover tightly and simmer gently for one hour.
- 6. Add the tomatoes, carrots and potatoes with 1 teaspoon salt.
- 7. Continue cooking until both the meat and vegetables are tender.
- 8. Using a slotted spoon transfer the meat and vegetables to six individual casseroles (about 5 inches each).
- 9. Blend 1/4 cup of the flour with 1/4 cup of cold water in a small bowl.
- 10. Add a little of the pan liquid and mix well.
- 11. Pour all into skillet with remaining broth.
- 12. Cook, stirring, until smooth and thickened.
- 13. Spoon over meat and vegetables in casseroles.
- 14. Sift the 1 cup flour in a bowl with the 1/2 teaspoon salt.
- 15. Cut in the shortening until the mixture resembles coarse meal.
- 16. Stir in enough cold water with a fork to hold the mixture together.
- 17. Transfer to a floured board and divide into six parts.
- 18. Roll each part out to a circle slightly smaller than the casserole tops.
- 19. Lay floating in casserole over meat and vegetables.
- 20. Bake in a 425 degree oven for 20 minutes, or until pastry is golden.