



## **CINNAMON APPLE SALAD**

- 6 Apples
- 1 Cup Water
- 1 Cup Red Cinnamon Drops
- 1 Cups Sugar Lettuce Chopped Nuts Cream Cheese

## **DIRECTIONS**

- 1. Pare and core apples.
- 2. Heat water, cinnamon drops and sugar in a large saucepan until sugar and cinnamon drops are melted.
- 3. Add apples turning frequently in the sirup until the apples are tender. Chill.
- 4. Place apples on lettuce leaves.
- 5. Fill centers with chopped nuts and softened cream cheese.