



RICH MEAT SAUCE

- 1 Pound Lean Beef
- 1 Pound Pork Shoulder
- 1 Pound Veal Neck

Salt

- 1 Teaspoon Black Pepper
- 4 Cloves Garlic, Chopped
- 1 Bay Leaf
- 1 Teaspoon Dried Basil
- 1 Onion, Stuck with 3 Cloves
- 2 Carrots
- 1 Small Turnip
- 2 Stalks Celery
- 6 Tablespoons Butter
- 2 Cans Tomatoes
- 1 Teaspoon Dried Basil
- 1 Can Tomato Paste

DIRECTIONS

- 1. Place the meats in a large casserole.
- 2. Sprinkle with salt and pepper.
- 3. Add the garlic cloves, bay leaf 1 teaspoon basil and onion stuck with cloves.
- 4. Roast in a 450 degree oven until colored a deep golden brown.
- 5. Remove the meat and place in a deep kettle with the carrots, turnip, celery and water to cover.
- 6. Bring to a boil.
- 7. Lower heat and gently simmer gently for 6 hours. Add more liquid during cooking if necessary.
- 8. Allow to cool. Skim any fat that surfaces.
- 9. Remove the meat and chop fine.
- 10. Reheat broth. Strain.
- 11. Add to the chopped meat.
- 12. Melt 6 tablespoons butter in a skillet.
- 13. Add tomatoes. Mash them down well.
- 14. Add basil and 1 teaspoon salt.
- 15. Cook uncovered until the tomatoes have cooked down one third.
- 16. Add tomato paste and blend well.
- 17. Adjust seasoning. Pour through a strainer into meat sauce.
- 18. Heat over low heat for 1 hour.
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- 17. Adjust seasoning. Pour through a strainer into meat sauce.
- Add tomato paste and blend well.