



BANANA OATMEAL COOKIES

- 3/4 Cup Shortening
- 1 Cup Sugar
- 1 Egg, Beaten
- 1 1/2 Cups All Purpose Flour
- 1/2 Teaspoon Baking Soda
- 1 Teaspoon Salt
- 1 Teaspoon Cinnamon
- 1/4 Teaspoon Nutmeg
- 1 3/4 Cups Rolled Oats
- 1 Cup Mashed Banana
- 1/2 Cup Chopped Nuts or Raisins

DIRECTIONS

1. Heat oven to 400 degrees.
2. Place all ingredients in a mixing bowl.
3. Beat well until blended.
4. Drop by rounded teaspoonfuls of dough 1 1/2 inches apart on baking sheets.
5. Bake 12 to 15 minutes.