



WHOLE WHEAT BUTTERMILK PANCAKES

- 1 Egg
- 1 1/4 Cups Buttermilk
- 1/2 Teaspoon Baking Soda
- 1/2 Teaspoon Salt
- 1 1/4 Cups Whole Wheat Flour
- 1 Teaspoon Honey
- 2 Tablespoons Shortening
- 1 Teaspoon Baking Powder

DIRECTIONS

1. Beat egg.
2. Add buttermilk, baking soda, and salt.
3. Blend in remaining ingredients.
4. Drop by spoonfuls onto a hot, greased, skillet.
5. Cook on both sides until golden.