



## CHEWY OATMEAL COOKIES

- 2 Cups Quick Cooking Rolled Oats
- 1 Cup Packed Brown Sugar
- 1/2 Cup Vegetable Oil
- 2 Egg Whites
- 1/4 Teaspoon Salt
- 1/2 Teaspoon Almond Extract
- 1/2 Cup Cut Up Dates
- 1/2 Cup Chopped Walnuts

## DIRECTIONS

1. Heat oven to 325 degrees.
2. Stir together oats, sugar and oil in a mixing bowl.
3. Beat egg whites until frothy and add to the oat mixture.
4. Stir in salt and almond extract.
5. Stir in dates and walnuts.
6. Drop mixture by teaspoonfuls on a lightly oiled baking sheet.
7. Bake 15 minutes.
8. Cool before removing from baking sheet.