



## **ROAST PEPPERED RIB EYE OF BEEF**

- 6 Pound Rib Eye Of Beef
- 1/2 Cup Black Pepper
- 1/2 Teaspoon Cardamom
- 1 Tablespoon Tomato Paste
- 1/2 Teaspoon Garlic Powder
- 1 Teaspoon Paprika
- 1 Cup Soy Sauce
- 3/4 Cup Vinegar
- 1 Cup Water
- 1 1/2 Tablespoons Cornstarch
- 1/4 Cup Water

## **DIRECTIONS**

- 1. Combine pepper and cardamom.
- 2. Rub all over beef and press into meat with heel of your hand.
- 3. Place roast in pan.
- 4. Mix together tomato paste, garlic powder, and paprika.
- 5. Gradually add soy sauce, then vinegar.
- 6. Pour over meat and refrigerate overnight.
- 7. Reserve marinade, let meat stand at room temperature for 1 hour.
- 8. Wrap in foil and place in a shallow pan.
- 9. Roast in a 300 degree oven for 1 1/2 hours.
- 10. Open foil and reserve drippings.
- 11. Brown, uncovered in a 350 degree oven while making gravy.
- 12. Strain drippings, skim off fat.
- 13. Take one cup of skimmed meat drippings plus one cup of water and bring to a boil.
- 14. Add a little of the marinade.
- 15. Serve as an au jus with meat.